

## Bugs Activities for Wednesday

### On the Move

#### Wiggle Worm

Get your wiggles out and experience how worms explore underground.

Materials:

- Sleeping bag, comforter, or blanket
- Large open space (indoor or outdoor)

Instructions:

1. Roll your toddler loosely in your chosen blanket.
2. Instruct them to wiggle like a worm to the finish line at the opposite end of the room.

### Adventures Online

#### Bugs, Bugs, Bugs

Let's identify different bugs with Caitie.

<https://www.youtube.com/watch?v=GYYPQZ9uUNI>

As you learn about bugs repeat and add to what your child says and does to help increase their vocabulary and comprehension.

### Sensory Time

#### Bug Hide and Seek

All the bugs are hiding in the dirt. Can you find them?

Materials:

- Shallow plastic bin
- Small container
- Dirt
- Plastic insects, pebbles, or other small objects you can pretend are bugs

Instructions:

1. Place "bugs" (plastic insects or objects you will pretend are insects) in the bin.
2. Add enough dirt to cover insects.
3. Let your child use their hands to search through the dirt to find the bugs and put them in the small container.

To expand on this activity, you may give your child a spoon or tongs to help look for bugs. Count how many bugs they find with them.

### Story Time

#### Tie it in

Tie any book about bugs to other parts of the day.

Activity:

Read a favorite book about bugs. Throughout the story, ask a "how" or "why" question to encourage children to discuss key events and characters' thoughts and feelings related to those events. Respond to children using well-formed sentences and key vocabulary from the story. Then, as you go through your day, refer back to the story when those vocabulary words, thoughts or feelings come up. For example, after reading "The Very Hungry Caterpillar" you can talk about all the different foods the caterpillar ate. Then as you are having snack or a meal, talk about the food your toddler is eating, and ask if that's a food that the caterpillar ate.

## *Arts and Creativity*

### **Bug Sculpture**

Your child can make a bug with play dough and toothpicks.

Materials:

- Play Dough (if you do not have any, please see the simple play dough recipe)
- Toothpicks or other small sticks from outside

Simple Play Dough Recipe:

- 2 cups plain flour
- 1 cup salt
- 1 tbs oil
- 1 cup cold water
- 2 drops liquid food coloring

Combine plain flour and salt.

Add water, food coloring and oil. Mix until ingredients are combined. If consistency is too wet add a little plain flour.

Instructions:

1. Show your toddler how to roll the playdough into a ball or a 'worm'.
2. Talk about how bugs have lots of legs, and many have wings. Let your toddler put the toothpicks (bug's legs and antennae) on their bug.
3. Talk to your child as they play. Ask them "What bug are you making? How many legs does your bug have? Let's count them."